

SAW PALMETTO WITH PUMPKIN SEED OIL FACTSHEET

Almost half the male population over 50 suffers from an enlarged prostate (Benign Prostatic Hypertrophy or BPH), with symptoms ranging from inflammation (Prostatitis), to swelling, painful and frequent urination as well as nocturnal urination.

Numerous studies in humans support the use of Saw Palmetto for reducing the frequency of night time urination, as well as urinary hesitancy, urinary frequency or pain associated with urination in men with mild to moderate symptoms. Saw Palmetto improves bothersome symptoms associated with prostate enlargement or irritation. Saw Palmetto with Pumpkin Seed Oil increases the beneficial effects for the prostate.

This combination has recently gained widespread use by doctors and alternative health practitioners alike, as a safe alternative for treating Benign Prostate Hypertrophy (BPH). It is also a helpful remedy for those who are taking prohormones or other anabolics.

Pumpkin Seed Oil is believed to be a good tonic for men because of its Zinc, Calcium, Iron, Magnesium and B-Complex Vitamins which are needed for enzyme production, cell division, growth, reproduction and a healthy immune system. Zinc supplements are also believed to help men with Benign Prostate disease, as they appear to inhibit the production of the hormone involved in the enlargement of prostate gland.

Side Effects and Cautions

No significant side effects have been noted in chemical studies with Saw Palmetto and Pumpkin Seed Oil.

Saw Palmetto - In a three-year clinical study, only 34 of the 435 participants complained of side effects, primarily the usual mild gastrointestinal distress, which includes nausea and diarrhoea. There are no known drug interactions.

Pumpkin Seed Oil – There are no known contraindications or drug interactions.

INGREDIENTS INFORMATION:

Serving Size 2 Softgels

Servings Per Container: 45

Amount Per Serving:

Saw Palmetto Berry Extract (<i>serenoa repens</i>)	160 mg
Zinc	30 mg
Pumpkin Seed Oil	1000 mg

WARNING: Consult your GP before use if you are taking prescription medication, under a doctor's care, are pregnant or breastfeeding.

Does not contain sugar, salt, starch, yeast, wheat, corn, soy, milk, egg, preservatives, artificial flavour & colours