

ASCLENOL FACT SHEET

1) What is Asclenol?

Asclenol contains MSM, which is short for Methyl-Sulphonyl-Methane, a naturally occurring Sulfur compound. It also contains Glucosamine Sulphate, a glucose sugar, which is thought to help build cartilage and Chondroitin Sulphate, a carbohydrate and a compound of cartilage.

2) But my doctor really isn't interested in alternative therapies and I know that he won't agree with me taking it?

If you would like a doctor's opinion, we can contact our in-house doctor and put any questions to him for you.

3) I am taking other prescribed/complimentary medication; do I really need to tell my doctor before supplementing Asclenol?

Yes, we would always advise informing your doctor of any product that you wish to supplement. Your doctor will need to monitor your health and supplementing another product could contraindicate with your medication.

Especially if you are taking diuretics as there could be interactions with Glucosamine and Chondroitin.

4) I am taking medication for epilepsy, can I take Asclenol?

Yes, you can to help relieve any arthritic pain and inflammation you may have.

5) I am on blood-thinning medication; can I take Asclenol as well?

I'm afraid the answer is no, as Asclenol could seriously affect how the medication works.

6) Why should I take Asclenol?

Sulphur is needed to form crucial blood proteins & amino acids. It provides chemical bonds that hold the molecular structure of these proteins together. It also provides the chemical links needed to form collagen, without these we would be "shapeless", also helps to produce Keratin, which is essential for thick hair and strong healthy nails, the liver to produce bile, a key element in digestion, is essential in maintaining the body's pH balance. MSM plays a part in carbohydrate metabolism, is an activator for Thiamine, Vitamin C, Biotin and Panthothenic Acid.

96% of our bodies are composed of 5 basic elements and Sulphur is one of them, MSM is a special type of dietary Sulphur essential to our health & well-being.

7) I am a diabetic; who suffers from joint pains, can I take Asclenol?

We do not recommend diabetics taking Asclenol due to Glucosamine being made up of Glutamine and Glucose.

However, there are a couple of products that a diabetic can take, but this depends on which type you have.

Type I – MSM

Type II – MSM and/or D-Beta

We do suggest before taking these products to speak to your doctor first.

8) How does Asclenol help with arthritic conditions?

Asclenol will not cure arthritis; it simply helps to alleviate the symptoms (i.e pain and restricted movement.).

It combats pain by producing an analgesic effect acting locally and systemically on the level of C fibres (networks of nerves that carry messages) slowing down the pain impulses carried to the brain. This is the same way that morphine kills pain and is entirely safe.

It also reduces inflammation by inhibiting Fibroblasts. Excess Fibroblasts are produced in the swelling process and MSM reduces them and also binds to fluids in the swollen tissue flushing them out of the body.

MSM also promotes blood flow, which increases the healing process.

The Glucosamine and Chondroitin appear to stimulate the chondrocytes to make new collagen and proteoglycans, the building blocks for new cartilage production. The level of inflammation can also be reduced thanks to the workings of the anti-oxidants and the Chondroitin. This leads to a reduction in the pain and therefore should improve mobility.

9) How does Asclenol help MS?

It will not cure or stop the symptoms of MS; it will help with pain relief.

10) How does Asclenol help Fibromyalgia?

It helps as a painkiller and benefits sufferers as the pain they experience can be crippling.

11) Will Asclenol affect my blood pressure?

Not directly, it doesn't help or hinder blood pressure irregularities. Although we have had reports that some customers suffering with high blood pressure have noticed a decrease since taking the MSM, but we think this may be a knock on effect of MSM increasing blood flow around the body.

12) How will Asclenol help my asthma?

Asthma is an inflammatory condition and Asclenol will not cure it, but it will help the symptoms. It works in the same way for other breathing & lung conditions, such as emphysema and bronchitis.

13) Will Asclenol help with bowel problems?

MSM can help with constipation and the pain related to it. It can also help in the reverse way for those suffering with the related aches and cramps of diarrhea.

14) Does Asclenol help scar tissue?

It can help lessen the scar formation as well as the tissue from existing scars. It normalizes the cross-linking process of the skin tissues. It will not make a scar vanish, but it may look considerably smaller.

15) Can I take Asclenol with other WWH products?

Yes, you can, but if wanting to take additional MSM, Glucosamine and Chondroitin, you would need to reduce the dose of the Asclenol to one capsule per day.

ASCLENOL INGREDIENTS LIST

Ingredients per serving 1 capsule:

MSM	500mg
Ginger Root Extract	10mg
L-Cysteine (HCL)	10mg
L-Methionine	10mg
Selenium	6mcg
Burdock Root	10mg
Rutin	10mg
Glucosamine Sulphate	400mg
Chondroitin Sulphate	6.7mg

Other Ingredients

Magnesium stearate, Silicon Dioxide,

Does NOT contain: Sugar, Salt, Yeast, Wheat, Corn, Soya, Milk, artificial colours, flavours and preservatives.